UHP 2024-2025 Annual Report

Co-Directors: Emma Meilinger and Shivani Reddy



UC College of Medicine

2024 Summer

- **22** Interns placed at **21** nonprofit organizations in the Greater Cincinnati area
- **9** new sites partnered with UHP
- Coordinated **4-part lecture series** from community experts on social
 determinants of health
- Organized a **Day of Service** in collaboration with People Working Cooperatively
- Wrapped up the summer with
 Committed to Community Event



2024 UHP Interns and Site Supervisors

Adam Wilcox at Catholic Charities

with Jeff Clare

Chris Mosley at Crossroad Health Center

with Cassie Lewis

Della Copes-Finke at Hospice of Cincinnati

with Lori Asmus and Colleen Cummins

John Fening at Casa de Paz

with Hannah Lembright

Lizzy Blade at Bridge Collective

with Dr. Victoria Heasley

Meghana Totapally at Latino Health

Collaborative

with Dr. Christine O'Dea

Rachel Kroll at Center for Closing the Health

Gap

with Ms. Renee Mahaffey Harris

Avni Varshneya and Pranathi Suhas at First

Step Home

with Ms. LaOuita Tucker

Clare Heaney at Cincinnati Children's

Population Health

with Dr. Andy Beck

Hawk Royer at BLOC Ministries

with Walter Vasquez

Kaitlyn Funk at Heart of Northside

with Dr. Florence Rothenberg

Megan Guan at LifeCenter

with Audrey Holtzmann

Mukund Tarimala at Belterra Racetrack

Clinic

with Dr. Joseph Kiesler

Sydnie Jenkins at Alzheimer's Association

with Kelsey Nihiser

Brandon Boldt at Brighton Center

with Beth Hodge

Cole Simons at Groundwork ORV

with Jaeydah Edwards

Isaiah Mojica at Kentucky Refugee Ministries

with Daniel Trujillo

Kevin Nguyen at Project Connect

with Ms. Rhonda Lewis

Megan Hubbell at Good Samaritan Free

Health Clinic

with Kyla Maddox

Nadia Alam at Bethany House

with Ms. Janice Clay

Yongsoo Yuk at CHECK Foster Care

with Katie Fox and Dr. Sarah Beal

Our Mission

Urban Health Project educates, inspires, and challenges medical students through their service to vulnerable populations in Greater Cincinnati to produce more socially responsible physicians who have a greater understanding of factors that impact health.

Our Impact

Over **\$,500** service hours Over **\$92,000** in Community Impact

From Our Interns:

"I think this internship experience will help me a lot in the future as a physician, as working with such a disadvantaged and struggling group of older individuals (and their caretakers) had allowed for me to implement compassionate care and learn how to speak gently and in an understanding way. I have really enjoyed working with Alzheimer's and dementia patients and I hope to possibly work with them in the future as a physician."

"Through my time at [Community Organization], I have grown to really understand both aspects of the patient clinician interaction specifically with those suffering from substance use disorders. There's a lot of distrust on both sides. Patients feel as if they're not being heard when they are going through something very real to them like chronic pain. Meanwhile, healthcare providers feel as if patients aren't always being the most truthful in order to take breaks from having to go through group sessions or other difficult things. Maybe it's me being naive but in each clinic visit I am inclined to fully believe the patients. Especially when I feel like you can see that they're in pain. I am sure that there's a place for a healthy dose of skepticism specifically with the patients who frequently come for visits and yet don't follow medical advice to address their issues. However, with the comments I've heard I see firsthand exactly how I don't want to practice in the future. I also have noticed the importance of a primary care physician that reaches out to those going through substance use disorders because many of them don't have one and are unaware of the importance of health screenings. I hope to be that physician in the future and addiction medicine is definitely an avenue I am more interested in now because of this experience."

"I've really enjoyed helping to coordinate and run the clinic at [community organization] this summer, and I definitely want to incorporate something similar to it in my future career as a physician. I have learned so much about how to best coordinate and plan for clinics and health fairs that I will definitely take forward and be extremely useful in my career."

Thank You to our Donors!

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